



2017
Region 6

Championships

Xcel



**2017 XCEL REGIONAL CHAMPIONSHIPS
GENERAL INFORMATION**
www.region6usagym.org
SILVER; GOLD; PLATINUM; DIAMOND

DATE: May 20 – 21, 2017

HOST: USA Gymnastics Region 6
Region6usag@gmail.com

SITE: Shrewsbury High School
64 Holden St
Shrewsbury, MA 01545

ACCOMODATIONS:

Holiday Inn Express
110 Summer St
Worcester, MA
508.757.0400
855.914.9635
Includes Breakfast
5.5 miles from venue

Residence Inn Worcester
503 Plantation St
Worcester, MA
2 miles from venue

Courtyard Worcester
72 Grove St
Worcester, MA
4 miles from venue

Doubletree Westborough
5400 Computer Dr
Westborough, MA
7 miles from venue

Courtyard Boston Westborough
3 Technology Dr
Westborough, MA
7.5 miles from venue

continued on next page

EQUIPMENT: AAI

FORMAT: Modified Capitol Cup

QUALIFYING CRITERIA: Qualification will take place at the State Championships. The top [7] gymnasts in each division will qualify as a state team. An additional [60] qualifiers, in each division, will be selected on a % of a % formula. The additional qualifiers will be determined using the State XCEL membership as of **2/1/17**.

ENTRY FEE: \$90.00
Deadline to register: Wednesday following the State Championships
\$25 late fee / gymnast for entries received after the deadline.
No entries will be accepted after 5/10/17
www.meetmaker.com

ADMISSION: Adult \$10.00 Senior /Student [12 and under] \$5.00

SCHEDULE:

Saturday – Silver / Gold		
Session 1	Silver	All Stars
Session 2	Silver	State Team
Session 3	Gold	All Stars
Session 4	Gold	State Team
Sunday – Platinum / Diamond		
Session 5	Platinum	All Stars
Session 6	Platinum	State Team
Session 7	Diamond	All Star / State Team

FINAL SCHEDULE WILL BE DETERMINED 5/11/17

***SCHEDULE SUBJECT TO CHANGE**



**2017 XCEL REGIONAL CHAMPIONSHIPS
TENTATIVE SCHEDULE**

2/21/17

SATURDAY May 20, 2017	XCEL SILVER / GOLD	
SESSION 1	XCEL SILVER	ALL STARS
8:00 AM	Check In / Open Stretch	
8:30 AM	Line up /March Out	
8:45 AM	Flight 'A' Warm up 1 st Event	
8:55 AM	Competition Begins	
11:30 AM	Awards	
SESSION 2	XCEL SILVER	STATE TEAM
12:00 noon	Check In / Open Stretch	
12:30 PM	Line up /March Out	
12:45 PM	Flight 'A' Warm up 1st Event	
12:55 PM	Competition Begins	
2:30 PM	Awards	
SESSION 3	XCEL GOLD	ALL STARS
3:00 PM	Check In / Open Stretch	
3:30 PM	Line up /March Out	
3:45 PM	Flight 'A' Warm up 1st Event	
3:55 PM	Competition Begins	
6:00 PM	Awards	
SESSION 4	XCEL GOLD	STATE TEAM
6:00 PM	Check In / Open Stretch	
6:30 PM	Line up /March Out	
6:45 PM	Flight 'A' Warm up 1st Event	
6:55 PM	Competition Begins	
9:00 PM	Awards	

SUNDAY May 21, 2017	XCEL PLATINUM / DIAMOND	
SESSION 5	XCEL PLATINUM	ALL STARS
8:00 AM	Check In / Open Stretch	
8:30 AM	Line up /March Out	
9:00 AM	Flight 'A' Warm up 1st Event	
9:15 AM	Competition Begins	
11:45 AM	Awards	
SESSION 6	XCEL PLATINUM	STATE TEAM
12:00 PM	Check In / Open Stretch	
12:30 PM	Line up /March Out	
12:45 PM	Flight 'A' Warm up 1st Event	
1:00 PM	Competition Begins	
3:00 PM	Awards	
SESSION 7	XCEL DIAMOND	ALLSTARS / STATE TEAM
3:30 PM	Check In / Open Stretch	
4:00 PM	Line up /March Out	
4:15 PM	Flight 'A' Warm up 1st Event	
4:30 PM	Competition Begins	
6:30 PM	Awards	

TECHNICAL INFORMATION

Xcel

I. CREDENTIALS

Coaches not listed through Meetmaker must show their USA Gymnastics Professional Membership card to receive a meet credential.

Only coaches of competing athletes will be allowed on the floor.

No one will be allowed into the venue without the appropriate credentials. Athletes attending sessions in which they are not competing must remain in the spectator area.

II. COACHES MEETING

A coaches meeting will be held during general stretch of each session.

III. FORMAT

Modified Capital Cup – 2 sets of equipment in the competition gym. Flight A squads compete on one set; Flight B competes on the other set. Timed warm ups immediately precede competition on each event.

IV. MEDICAL TRAINER

Medical personnel will be available during all competition sessions.

V. BOARDS

Boards will be designated to each event.

VI. VAULT

It is the coach's responsibility to flash the correct number for the vault the gymnast performs.

VII. SCORING TABLE

All Around results will be posted after every session. Meet results will be posted on line at www.region6usagym.org .
Live scoring is available at www.meetscoresonline.com .

VIII. TRAINING

There will be NO training at the competition venue.

IX. FINAL SCHEDULE

The final schedule will be determined 5/11/17

X. COACHES ATTIRE

All active coaches are expected to wear appropriate athletic attire during the competition.

Rules and Policies p. 18; IV; D; 2.



MeetMaker

Online Gymnastics Meet Registration

New to your regional meet registration this year:

You will be required to have your USA Gymnasts club number in your profile You will have to have all gymnast and coaches USA Gymnastics numbers entered You will have to register at least one coach with the first entry (Petitions not included) Your entry will not go through if

you do not have these filled in on the MY ROSTER and PROFILE screen

We welcome Region 6 to MeetMaker we hope to make your regional entry as easy as possible. We encourage you to fill out or edit your profile and roster now so it will save you time later.

MeetMaker is a 3 step process:

Step 1: Fill out a Gym profile (enter an organization number)

Step 2: Create a Gym Roster (can be downloaded from the USAG web site Gymnast and coaches)

Step 3: Go to the registration link for the meet you are entering and click the gymnast you want to enter.

If you filled out a Profile and Roster previously it is still in our system. You can upload and update your current gymnast and coaches roster right from the USAG web site. This will update gymnast levels and all expiration dates for coaches as well.

Create a Profile:

1. Click the "Sign Up a New Gym" link
2. Enter all the information in the profile page
3. In the Organization box click "Add New Organization" click the [arrow] and select USAG, then fill in your club number. Then click "SAVE"
4. Click the "Save" button on the bottom off the screen

Create a Roster:

1. From your MY GYM page click the "MY ROSTER" link
2. You can hand enter your gymnast or select the **IMPORT FROM USAG LINK**
3. To hand enter click the "ADD NEW GYMNAST" box (fill in all the information on this page)
4. Scroll down and enter your coaches on this page too.

Register:

1. Click the "MEETS" link on the top menu bar (the "MY MEETS" are for the meets you have already entered)
2. Select if this is a petition or a regular registration
3. Scroll down to the gymnast grid check the gymnast and coaches attending the meet (and any boxes that pertain to that gymnast), you can enter a gymnast to your roster on the "DIRECT ENTRY" section if you are missing a gymnast in your roster if know a gymnast is in your roster but not in the registration grid please check the level of that gymnast in the "MY ROSTER" page
4. Click the "CONTINUE" box at the bottom, Then enter your payment info; You will receive a registration email and you can see the entry in the MY MEETS link on your home page

Edit Gymnast and Coaches In Current Roster:

1. On the "MY ROSTER" page click the Edit link next to the gymnast you want to edit their level
2. Scroll down to the "Level Grid" Click the "EDIT" box next to their level and select the correct level
3. Click the "SAVE" button and the "SAVE" the gymnast to return to the ROSTER page
4. Do the same for your coaches (you can update the expiration dates here too).

WWW.MEETMAKER.COM

SUPPORT@MEETMAKER.COM

JASON@MEETMAKER.COM

TRACY@MEETMAKER.COM