2016 REGIONAL CHAMPIONSHIPS
GENERAL INFORMATION
www.region6usagym.org

LEVEL 9/10

DATE: April 8 – 10, 2016

HOST: USA Gymnastics Region 6
Region6usag@gmail.com

SITE: MassMutual Center
1277 Main Street
Springfield, MA 01103

ACCOMMODATIONS: Sheraton Springfield
Monarch Place
Springfield, MA 01144
Code: USA Gymnastics Region 6
$119.00++
1 800-426-9004 1 413 781-1010
ROOM BLOCK OPENS 3/22/16

La Quinta Inn & Suites
100 Congress St
Springfield, MA 01104
Code:
$95.00 ++
1 413-781-0900
Complimentary Parking / Breakfast
Cutoff: 3/22/16

Hilton Garden Inn
800 W. Columbus Ave
Springfield, MA 01105
Code:
$139.00 ++
1 413-886-8000
Complimentary Parking
Cut off: 3/22/16
QUALIFYING CRITERIA: 34.00 at the State Championships
Injury Petitions: Rules and Policies p. 78

FORMAT: Modified Capitol Cup

ENTRY FEE: $110.00
www.meetmaker.com

DEADLINE: 3/23/16
Entries received after 3/23/16 are subject to a $25 / gymnast fee
No entries accepted after 3/25/16

SCHEDULE:*
Friday April 8 Level 9
Saturday April 9 Level 10
Sunday April 10 Level 9
*FINAL MEET SCHEDULE WILL BE DETERMINED 3/23/16

EQUIPMENT: AAI

ADMISSION:
Day Pass Adult $15.00 / Senior & Student [12 and under] $10.00
All Session Pass Adult $25.00 / Senior & Student [12 and under] $15.00

REMINDER: if you have athletes qualify to Level 9 Easterns and/ or Level 10 Nationals, you must fill out
Entry forms at Regionals, immediately following each session. You will need a separate club check per level.
NO PERSONAL CHECKS ACCEPTED

*Schedule is tentative and subject to change.
I. CREDENTIALS
Coaches not listed through Meetmaker must show their USA Gymnastics Professional Membership card to receive a meet credential. If your membership is current, but you have not received your card, it is your responsibility to contact Member Services and request proof of membership.

Only coaches of competing athletes will be allowed on the floor.

No one will be allowed into the venue without the appropriate credentials. Athletes attending sessions in which they are not competing must remain in the spectator area.

II. COACHES MEETING
A coaches meeting will be held during general stretch of each session.

III. FORMAT
Modified Capital Cup – 2 sets of equipment in the competition gym. Flight A squads compete on one set; Flight B competes on the other set. Timed warm ups immediately precede competition on each event.

IV. MEDICAL TRAINER
Medical personnel will be available during all competition sessions.

V. BOARDS
Boards will be designated to each event.

VI. VAULT
It is the coach’s responsibility to flash the correct number for the vault the gymnast performs.

VII. SCORING TABLE
All Around results will be posted after every session. Meet results will be posted on line at www.region6usagym.org . Live scoring is available at www.meetscoresonline.com .

VIII. TRAINING
There will be NO training at the competition venue.

IX. FINAL SCHEDULE
The final schedule will be determined 3/23/16

X. COACHES ATTIRE
All active coaches are expected to wear appropriate athletic attire during the competition.
Rules and Policies p. 18; IV; D; 2.
USA GYMNASTICS REGION 6 ATHLETE APPAREL FUND

The Region 6 Athlete Apparel Fund supports our gymnasts who qualify to the National Championships in their respective levels – J.O. National Championships – Eastern Championships.

The policy regarding athlete and coaches apparel has been revised. The Athlete Apparel Fund is solely supported by the funds generated from the Rising Stars Training Camps and individual donors. Our hopes are to raise funds to support our athletes and to provide training opportunities that will improve Region 6 performance at the National Championships. This goal can only be accomplished with the support of the Region 6 community.

THE FOLLOWING POLICIES WILL IMPACT THE 2016 JO NATIONAL / EASTERN CHAMPIONSHIPS

- Every club with potential JO National / Eastern competitors is expected to provide a coach to work as a clinician for a minimum of two sessions at a Rising Stars Training Camp.
- NEW – Athletes that qualify to a Regional Developmental or High Performance Camp are required to participate in the camps or the club must provide a coach to participate at said camp.
- Only participating athletes are eligible to receive apparel.
- Clubs that did not fulfill their Training Camp responsibilities will be charged for athlete / coaches apparel.
- The Region will not secure a hotel for the JO National / Eastern Championships. All reservations must be secured through NTS.

The following clubs have fulfilled their regional Athlete Apparel obligations:

10.0 Academy; Aim High Academy; Arena Gymnastics; Atlantic Gymnastics; Blaze Gymnastics; Brestyan’s Gymnastics; Cape Cod Gymnastics; Chelsea Piers Gymnastics; CNY Gymnastics; Daggett’s Gymnastics; Experi-Tiess Gymnastics; Kennett Gymnastics; Galaxy Gymnastics; Gymnastics and More; Gymnastics Learning Center; Gold Medal – Huntington; Gold Medal-Rocky Point; Gold Medal-Smithtown; Gymnastics Sports Academy; GTC-Rochester; GTC-Simsbury; Gym Ken; Gymnastics at Brentwood; MGC-Waltham; Marcov Sharps Gymnastics; Metro South Gymnastics; NH Academy Artistic Gymnastics; Nashoba Gymnastics; Nastics; NE Airtine; New Image Gymnastics; NE Gymnastics Express; NE Sports Academy; Nina’s; NYC Elite; Orchard Park; Phantom Gymnastics; Richmond Gymnastics; Roots Gymnastics; Somersault Gymnastics; South Shore Gymnastics; Stumpf’s Gymnastics; Victors Gymnastics; World Class Gymnastics

QUESTIONS???? Contact region6usag@gmail.com
Injury Petition Form
Deadline – 3 days following the last qualifying meet

For State Championships: send your form to your State Administrative Committee Chairman
For Regional Championships: send your form to your Regional Technical Committee Chairman (or other designated person).

Note: Notify the RACC by the Monday following the State Meet of any athletes who intend to petition to Regionals.

Refer to Chapter Eight, in the current Women’s Rules and Policies under specific meet information.

*If this form is incomplete, it may NOT be accepted. It is the responsibility of the coach to provide all necessary information.

Meet petitioning to: ___________________________________________________________

Gymnast’s Name: ___________________________ USA Gym Number: _____________

Birth Date: ___________________ Age and Level: ____________________________

Coach’s Name: _________________________ Coach’s Cell Phone #:__________________

Coach’s USA Gym Number: _______ Coach’s E-mail: ____________________________

Gym Name:________________________________________________________________________

Gym Full Address: ______________________________________________________________

Gym Phone #: ______________ Gym Fax #: _______________

1. Photocopy Results of a minimum of one Sanctioned Meet:

   Meet: __________________________ Date of Competition: _____________________

   Scores – Vault: _______ Bars: _______ Beam: _______ Floor: _______ AA: _______

2. Licensed Medical Professional’s written verification of illness or injury and release to return to gymnastics activity. Please specify the DATE of return to gymnastics activity.
IMPORTANT

2016 PETITION ENTRY PROCEDURE

Clubs must register petitioned athletes – online. This will be a separate registration from club entries. The RTC will ‘ACCEPT’ or ‘DENY’ the petition online. The gym will receive an e-mail indicating the status of the petition. Clubs will NOT be charged the entry fee until the petition has been accepted.

PETITION RULES

These are found in the current [2015-2016] Rules and Policies, page 78, 81-83

Level 9 / 10 Regional Championships:

Coaches must notify their Regional Administrative Committee Chairman by e-mail NO LATER THAN the Monday following the State Championships of any athletes they intend to petition to their Regional meet. Region6usag@gmail.com

The following must be received by the RTCC [Pat Panichas] no later than [3] days after your state’s Level 9 / 10 State Championships:

- PETITION FORM – completely filled out with CORRECT INFORMATION.
- Photo copy of one pre-state; current sanctioned competition at the level the athlete is petitioning – with a MINIMUM score of 35.00 AA.
  - If a gymnast competed at the 2015 Level 9/10 Regional Championships; Easterns or JO Nationals and scored a 35.00 and she is at the same level – those scores may be used.
- A written request from the coach stating the reason for the petition (reasons are illness, injury or personal tragedy).
- A Licensed Medical Professional’s written verification of the illness or injury and DATE of RELEASE to return to gymnastics activity. The release date must be prior to the Regional Championship.

In order to meet the deadline: Attach/Scan all of the required paperwork listed above and submit via e-mail to

Pat Panichas
panichas@aol.com

If for some reason this is not possible then Express Mail [waive signature]

9 Sherman Lane – Hamden, CT  06514
Phone [203] 248-7999  or Cell (203) 215-8420

If you do not have the physician’s note- please send all other material by the deadline and the physician’s note ASAP!
PURCHASE AN AD IN THE EVENT SLIDE SHOW

April 8-10, 2016

Advertising Authorization

Contact Name

Company

Address

City / State / Zip

Telephone    Fax

Email

Signature

Page Rates

Full Page ................... $75

Materials & Ad Specifications

Please provide photos for ads in (.jpg) format along with ad copy. You may also send a completed ad as (.jpg or .pdf) file.

Max ad sizes:
Full Page: 10.5”h x 8”w

Deadline: March 23, 2016

Payment Information

Ad Size
Ad Cost
$ ____________

Check made Payable to USAG Region 6

Ad space is available on a first-come, first-serve basis.
This form is for High School Senior Profiles
Please e-mail or mail the information below, include a 5x7 photo, to:

Brian Kerrigan
21 Abbott Road
North Reading, MA 01864
briank@twionline.com

Deadline: March 23, 2016
**Late Entries will NOT be included in Slide Show**

Athlete Name: __________________________________________________________

Gym Club and Coaches: ________________________________________________

High School: __________________________________________________________

College Choice: ________________________________________________________

Favorite Event: ________________________________________________________

I would like to tell my family: __________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

I would like to tell my coaches: _________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

Please submit profile / photo either electronically or via postal mail.
Photos will be returned if you include a self addressed / stamped envelope.
New to your regional meet registration this year:

**You will be required to have your USA Gymnasts club number in your profile** You will have to have all gymnast and coaches USA Gymnastics numbers entered. You will have to register at least one coach with the first entry (Petitions not included). Your entry will not go through if you do not have these filled in on the MY ROSTER and PROFILE screen.

We welcome Region 6 to MeetMaker. We hope to make your regional entry as easy as possible. We encourage you to fill out or edit your profile and roster now so it will save you time later.

MeetMaker is a 3 step process:

**Step 1: Fill out a Gym profile (enter an organization number)**

**Step 2: Create a Gym Roster (can be downloaded from the USAG web site Gymnast and coaches)**

**Step 3: Go to the registration link for the meet you are entering and click the gymnast you want to enter.**

If you filled out a Profile and Roster previously it is still in our system. You can upload and update your current gymnast and coaches roster right from the USAG web site. This will update gymnast levels and all expiration dates for coaches as well.

Create a Profile:

1. Click the “Sign Up a New Gym” link
2. Enter all the information in the profile page
3. In the Organization box click “Add New Organization” click the [arrow] and select USAG, then fill in your club number. Then click “SAVE”
4. Click the “Save” button on the bottom off the screen

Create a Roster:

1. From your MY GYM page click the “MY ROSTER” link
2. You can hand enter your gymnast or select the IMPORT FROM USAG LINK
3. To hand enter click the “ADD NEW GYMNAST” box (fill in all the information on this page)
4. Scroll down and enter your coaches on this page too.

Register:

1. Click the “MEETS” link on the top menu bar (the “MY MEETS” are for the meets you have already entered)
2. Select if this is a petition or a regular registration
3. Scroll down to the gymnast grid check the gymnast and coaches attending the meet (and any boxes that pertain to that gymnast), you can enter a gymnast to your roster on the “DIRECT ENTRY” section if you know a gymnast is in your roster but not in the registration grid please check the level of that gymnast in the “MY ROSTER” page
4. Click the “CONTINUE” box at the bottom, Then enter your payment info; You will receive a registration email and you can see the entry in the MY MEETS link on your home page

Edit Gymnast and Coaches In Current Roster:

1. On the “MY ROSTER” page click the Edit link next to the gymnast you want to edit their level
2. Scroll down to the “Level Grid” Click the “EDIT” box next to their level and select the correct level
3. Click the “SAVE” button and the “SAVE” the gymnast to return to the ROSTER page
4. Do the same for your coaches (you can update the expiration dates here too).