



*2017*

# *Region 6*

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*Championships*

*Level 9/10*



**2017 REGIONAL CHAMPIONSHIPS**  
**GENERAL INFORMATION**  
[www.region6usagym.org](http://www.region6usagym.org)

**LEVEL 9/10**

- DATE:** April 7 – 9, 2017
- HOST:** USA Gymnastics Region 6  
[Region6usag@gmail.com](mailto:Region6usag@gmail.com)
- SITE:** MassMutual Center  
1277 Main Street  
Springfield, MA 01103
- ACCOMODATIONS:**
- Marriott Springfield**  
2 Boland Way  
Springfield, MA 01115  
Code:  
\$127.00++  
1 413-781-7111  
**ROOM BLOCK OPENS 3/21/17**  
**At 8:00 AM**
- Sheraton Springfield**  
Monarch Place  
Springfield, MA 01144  
Code: USA Gymnastics Region 6  
\$119.00++  
1 800-426-9004 1 413 781-1010  
**ROOM BLOCK OPENS 3/21/17**  
**At 8:00 AM**
- Hilton Garden Inn**  
800 W. Columbus Ave  
Springfield, MA 01105  
Code:  
\$139.00 ++  
1 413-886-8000  
Complimentary Parking  
Cut off: 3/24/17

continued on next page

**QUALIFYING CRITERIA:** 34.00 at the State Championships  
Injury Petitions: Rules and Policies p. 83  
<https://usagym.org/PDFs/Forms/Women/injury2015.pdf>

**FORMAT:** Modified Capitol Cup

**ENTRY FEE:** \$110.00  
[www.meetmaker.com](http://www.meetmaker.com)

**DEADLINE:** 3/21/17  
Entries received after 3/21/17 are subject to a \$25 / gymnast fee  
No entries accepted after 3/24/17

**SCHEDULE:\***

Friday	April 7	Level 9	older age groups
Saturday	April 8	Level 10	
Sunday	April 9	Level 9	younger age groups

**\*FINAL MEET SCHEDULE WILL BE DETERMINED 3/21/17**

**EQUIPMENT:** AAI

**ADMISSION:**

Day Pass	Adult \$15.00 / Senior & Student [12 and under] \$10.00
Weekend Pass	Adult \$40.00 / Senior & Student [12 and under] \$25.00

*All gymnasts and coaches who qualified for the 2017 Regional Championships will be provided credentials for the weekend.*

*All other spectators, including USA Gymnastics professional members and gymnasts not qualified for the meet, will be required to pay admission rates for this event.*

REMINDER: if you have athletes qualify to Level 9 Easterns and/ or Level 10 Nationals, you must fill out Entry forms at Regionals, immediately following each session. You will need a separate club check per level.  
**NO PERSONAL CHECKS ACCEPTED**

***\*Schedule is tentative and subject to change.***

**NEW 2017 – JO National Qualifiers MUST achieve a minimum of 35.00 AA at the Regional Championships. [Rules and Policies p 88; H; 2; a]**

# **TECHNICAL INFORMATION**

## **Level 9/10**

### **I. CREDENTIALS**

Coaches not listed through Meetmaker must show their USA Gymnastics Professional Membership card to receive a meet credential. If your membership is current, but you have not received your card, it is your responsibility to contact Member Services and request proof of membership.

Only coaches of competing athletes will be allowed on the floor.

No one will be allowed into the venue without the appropriate credentials. Athletes attending sessions in which they are not competing must remain in the spectator area.

### **II. COACHES MEETING**

A coaches meeting will be held during general stretch of each session.

### **III. FORMAT**

Modified Capital Cup – 2 sets of equipment in the competition gym. Flight A squads compete on one set; Flight B competes on the other set. Timed warm ups immediately precede competition on each event.

### **IV. MEDICAL TRAINER**

Medical personnel will be available during all competition sessions.

### **V. BOARDS**

Boards will be designated to each event.

### **VI. VAULT**

It is the coach's responsibility to flash the correct number for the vault the gymnast performs.

### **VII. SCORING TABLE**

All Around results will be posted after every session. Meet results will be posted on line at [www.region6usagym.org](http://www.region6usagym.org) .

Live scoring is available at [www.meetscoresonline.com](http://www.meetscoresonline.com) .

### **VIII. TRAINING**

There will be NO training at the competition venue.

### **IX. FINAL SCHEDULE**

The final schedule will be determined 3/21/17

### **X. COACHES ATTIRE**

All active coaches are expected to wear appropriate athletic attire during the competition.

Rules and Policies p. 18; IV; D; 2.

# **IMPORTANT**

## **2017 PETITION ENTRY PROCEDURE**

**Clubs must register petitioned athletes – online. This will be a separate registration from club entries. The RTC will ‘ACCEPT’ or ‘DENY’ the petition online. The gym will receive an e-mail indicating the status of the petition. Clubs will NOT be charged the entry fee until the petition has been accepted.**

### **PETITION RULES**

These are found in the current [2016-2017] Rules and Policies, page 79, 82-84

#### **Level 9 / 10 Regional Championships:**

Coaches must notify their Regional Administrative Committee Chairman by e-mail NO LATER THAN the Monday following the State Championships of any athletes they intend to petition to their Regional meet. [Region6usag@gmail.com](mailto:Region6usag@gmail.com)

The following must be received by the RTCC [Pat Panichas] no later than the Monday following the Level 9 / 10 State Championships:

- PETITION FORM – completely filled out with CORRECT INFORMATION.
- Photo copy of one pre-state; current sanctioned competition at the level the athlete is petitioning – with a MINIMUM score of 35.00 AA.
  - If a gymnast competed at the 2016 Level 9/10 Regional Championships; Easterns or JO Nationals and scored a 35.00 and she is at the same level – those scores may be used.
- A written request from the coach stating the reason for the petition (reasons are illness, injury or personal tragedy).
- A Licensed Medical Professional’s written verification of the illness or injury and **DATE of RELEASE** to return to gymnastics activity. **The release date must be prior to the Regional Championship.**

**In order to meet the deadline: Attach/Scan all of the required paperwork listed above and submit via e-mail to**

**Pat Panichas**

**[panichas@aol.com](mailto:panichas@aol.com)**

**If for some reason this is not possible then Express Mail [waive signature]**

**9 Sherman Lane – Hamden, CT 06514**

**Phone [203] 248-7999 or Cell (203) 215-8420**

***If you do not have the physician’s note- please send all other material by the deadline and the physician’s note ASAP!***



Injury Petition Form

Deadline – 3 days following the last qualifying meet

For State Championships: send your form to your State Administrative Committee Chairman  
For Regional Championships: send your form to your Regional Technical Committee Chairman (or other designated person).

*Note: Notify the RACC by the Monday following the State Meet of any athletes who intend to petition to Regionals.*

Refer to Chapter Eight, in the current *Women's Rules and Policies* under specific meet information.

\*If this form is incomplete, it may NOT be accepted. It is the responsibility of the coach to provide all necessary information.

Meet petitioning to: \_\_\_\_\_

Gymnast's Name: \_\_\_\_\_ USA Gym Number: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age and Level: \_\_\_\_\_

Coach's Name: \_\_\_\_\_ Coach's Cell Phone #: \_\_\_\_\_

Coach's USA Gym Number: \_\_\_\_\_ Coach's E-mail: \_\_\_\_\_

Gym Name: \_\_\_\_\_

Gym Full Address: \_\_\_\_\_

Gym Phone #: \_\_\_\_\_ Gym Fax #: \_\_\_\_\_

**1. Photocopy Results of a minimum of one Sanctioned Meet:**

Meet: \_\_\_\_\_ Date of Competition: \_\_\_\_\_

Scores – Vault: \_\_\_\_\_ Bars: \_\_\_\_\_ Beam: \_\_\_\_\_ Floor: \_\_\_\_\_ AA: \_\_\_\_\_

**2. Licensed Medical Professional's written verification of illness or injury and release to return to gymnastics activity. Please specify the DATE of return to gymnastics activity.**

Revised 8/16



## **USA GYMNASTICS REGION 6 ATHLETE APPAREL FUND**

The Region 6 Athlete Apparel Fund supports our gymnasts who qualify to the National Championships in their respective levels – J.O. National Championships – Eastern Championships.

***The policy regarding athlete and coaches apparel has been revised. The Athlete Apparel Fund is solely supported by the funds generated from the Rising Stars Training Camps and individual donors. Our hopes are to raise funds to support our athletes and to provide training opportunities that will improve Region 6 performance at the National Championships. This goal can only be accomplished with the support of the Region 6 community.***

### **THE FOLLOWING POLICIES WILL IMPACT THE 2017 JO NATIONAL / EASTERN CHAMPIONSHIPS**

- Every club with potential JO National / Eastern competitors is expected to provide a coach to work as a clinician for a minimum of two sessions at a Rising Stars Training Camp.
- ***Athletes that qualify to a Regional Developmental or High Performance Camp are required to participate in the camps or the club must provide a coach to participate at said camp. 8/15***
- Only participating athletes are eligible to receive apparel.
- Clubs that did not fulfill their Training Camp responsibilities will be charged for athlete / coaches' apparel.
- **The Region will not secure a hotel for the JO National / Eastern Championships. All reservations must be secured through NTS.**

### ***The following clubs have fulfilled their regional Athlete Apparel obligations:***

***10.0 Gymnastics; Aim High Gymnastics Academy; All Stars Gymnastics [MA]; Arena; Blaze ; Brestyan's Gymnastics; Bright Raven Gymnastics; Cape Cod Gymnastics; CT Gymnastics Academy; Chelsea Piers; CNY Gymnastics; Daggett's Gymnastics; Elite Gymnastics [MA]; Excel Gymnastics [NY]; Expertiess; Galaxy; Gymnastics Learning Center; Gold Medal Huntington; Greater Buffalo; Gymnastics Sports Academy; GTC-Simsbury, Gymnastics at Brentwood; Gym Ken; Gymnastics and More; Head Over Heels; Infiniti Elite; Kennett Gymnastics; Marcov Sharps; Massachusetts Elite Gymnastics; Metrosouth Gymnastics; MGC-Waltham; Mid-Island Gymnastics; Nastics; NE Airtime; NE Gymnastics Express; New Image; Niagara; NYC Elite; Orchard Park; Ocean State School Gymnastics; Phantom Gymnastics; Roots Gymnastics; South Shore Gymnastics; Stumpf's Gymnastics; Towers Gymnastics; Valley Gymnastics; Yellow Jackets***

QUESTIONS???? Contact [region6usag@gmail.com](mailto:region6usag@gmail.com)

# PURCHASE AN AD IN THE EVENT SLIDE SHOW

## April 7-9, 2017



### Advertising Authorization

Contact Name \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City / State / Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Signature \_\_\_\_\_

### Page Rates

Full Page ..... \$75

**Please e-mail or send order form,  
payment and materials to:**

**Brian Kerrigan**

21 Abbott Road  
North Reading, MA 01864  
briank@twionline.com

**Deadline: March 22, 2017**

### Materials & Ad Specifications

Please provide photos for ads in (.jpg) format along with ad copy. You may also send a completed ad as (.jpg or .pdf) file.

Max ad sizes:

Full Page: 10.5" h x 8" w

### Payment Information

Ad Size \_\_\_\_\_

Ad Cost \$ \_\_\_\_\_

**Check made Payable to USAG Region 6**

Ad space is available on a first-come, first-serve basis.



# **2017 USA GYMNASTICS LEVEL 9-10 REGIONAL CHAMPIONSHIPS**

This form is for High School Senior Profiles  
Please e-mail or mail the information below, include a 5x7 photo, to:

**Brian Kerrigan**  
21 Abbott Road  
North Reading, MA 01864

**briank@twionline.com**

**Deadline: March 22, 2017**

**\*\*Late Entries will NOT be included in Slide Show\*\***

Athlete Name: \_\_\_\_\_

Gym Club and Coaches: \_\_\_\_\_

High School: \_\_\_\_\_

College Choice: \_\_\_\_\_

Favorite Event: \_\_\_\_\_

I would like to tell my family: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I would like to tell my coaches: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Please submit profile / photo either electronically or via postal mail.  
Photos will be returned if you include a self addressed / stamped envelope.*



# MeetMaker

Online Gymnastics Meet Registration

New to your regional meet registration this year:

**You will be required to have your USA Gymnasts club number in your profile You will have to have all gymnast and coaches USA Gymnastics numbers entered You will have to register atleast one coach with the first entry (Petitions not included) Your entry will not go through if**

**you do not have these filled in on the MY ROSTER and PROFILE screen**

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We welcome Region 6 to MeetMaker we hope to make your regional entry as easy as possible. We encourage you to fill out or edit your profile and roster now so it will save you time later.

MeetMaker is a 3 step process:

Step 1: Fill out a Gym profile (enter an organization number)

Step 2: Create a Gym Roster (can be downloaded from the USAG web site Gymnast and coaches)

Step 3: Go to the registration link for the meet you are entering and click the gymnast you want to enter.

**If you filled out a Profile and Roster previously it is still in our system.** You can upload and update your current gymnast and coaches roster right from the USAG web site. This will update gymnast levels and all expiration dates for coaches as well.

Create a Profile:

1. Click the "Sign Up a New Gym" link
2. Enter all the information in the profile page
3. In the Organization box click "Add New Organization" click the [arrow] and select USAG, then fill in your club number. Then click "SAVE"
4. Click the "Save" button on the bottom off the screen

Create a Roster:

1. From your MY GYM page click the "MY ROSTER" link
2. You can hand enter your gymnast or select the **IMPORT FROM USAG LINK**
3. To hand enter click the "ADD NEW GYMNAST" box (fill in all the information on this page)
4. Scroll down and enter your coaches on this page too.

Register:

1. Click the "MEETS" link on the top menu bar (the "MY MEETS" are for the meets you have already entered)
2. Select if this is a petition or a regular registration
3. Scroll down to the gymnast grid check the gymnast and coaches attending the meet (and any boxes that pertain to that gymnast), you can enter a gymnast to your roster on the "DIRECT ENTRY" section if you are missing a gymnast in your roster if know a gymnast is in your roster but not in the registration grid please check the level of that gymnast in the "MY ROSTER" page
4. Click the "CONTINUE" box at the bottom, Then enter your payment info; You will recive a registration email and you can see the entry in the MY MEETS link on your home page

Edit Gymnast and Coaches In Current Roster:

1. On the "MY ROSTER" page click the Edit link next to the gymnast you want to edit their level
2. Scroll down to the "Level Grid" Click the "EDIT" box next to their level and select the correct level
3. Click the "SAVE" button and the "SAVE" the gymnast to return to the ROSTER page
4. Do the same for your coaches (you can update the expiration dates here too).

[WWW.MEETMAKER.COM](http://WWW.MEETMAKER.COM)

[SUPPORT@MEETMAKER.COM](mailto:SUPPORT@MEETMAKER.COM)

[JASON@MEETMAKER.COM](mailto:JASON@MEETMAKER.COM)

[TRACY@MEETMAKER.COM](mailto:TRACY@MEETMAKER.COM)